

FIRELESS COOKING (L.K.G.)

As it is beautifully said,

“Eating is a necessity, but cooking is an art.”

In order to educate our tiny tots about the healthy food, they were exposed to the art of cooking for the first time on 17 August 2018 through the activity “Fireless Cooking”. They enjoyed the activity which enabled them to recognize various ingredients, different tastes and a sense of achievement. Some of the delights were biscuit sandwich, fruit salad, fruit pizza, lemonade etc. Children were served various dishes by the Class teachers, which was relished by them. The activity in turn helped to inculcate the value of sharing and caring along with the benefits of eating healthy food in fun way.

