

The background is a vibrant collage of summer-themed elements. At the top left is a large yellow lemon slice. To its right are red-rimmed sunglasses. Below the lemon is a pineapple. On the right side is a red and white striped beach ball. At the bottom left is a whole yellow lemon with a green leaf. In the bottom center is an orange slice. To its right is a red strawberry. At the bottom right is a slice of watermelon with black seeds. The background is divided into sections of blue, yellow, red, and green.

Summer Holidays

LKG

DAV Public School
Sector 49
Gurugram

Dear Parents,

Warm greetings.

Summer season has set in and the most awaited summer break comes in. You might have noticed that our little learners loved to attend their virtual classes. For next few days, you, their natural guardian will spend the vacation with them. Let's share some tips to make this period a fruitful and happy period for them.

- Have at least two meals together with your children. Teach them the importance and hard work of the farmers and ask them not to waste their food.
- Help them wash their own plates after every meal. Children learn dignity of labour from such activities.
- Gently encourage your child to take care of the plants by watering them regularly. Knowledge about plants and trees are an integral part of your child's growth.
- Explore, reconnoitre and delve into these young brains and find out their interests lying underneath.
- Give them interesting and staggering situations to deal with and see them thinking out of the box.
- Share stories about your childhood and your family history.
- It is time to catch up with Grandma's never ending stories and play wonderful games with Grandpa.

**Let's create,
Let's learn,
Let's have fun.**

Connecting to your roots

Give yourself a start that keeps you energized throughout the day. Recite *OM and GAYATRI MANTRA* and feel the bliss. As we are moving ahead everyday trying to match up with the growing world, it becomes very important for us to stay connected to our roots.



**SPREAD THE POWER OF YOUR
ENERGY AROUND**

Meditation

Who can be the quietest?

Let's face it — kids learn differently than adults do.

So an effective approach for kids to meditate often differs from the way adults approach it — and that's completely fine.

You can start by dedicating a special area in your home for a regular meditative practice, one that is comfortable and free from distractions.



Children learn well with games and fun exercises so you can start by playing a game 'Who Can Be The Quietest'.

In time, and with practice, children will start looking forward to the calming space of peace and relaxation.



All About Me Booklet



Materials Required

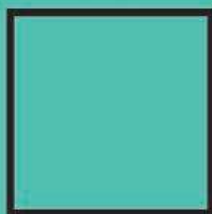
Coloured or white sheets, pictures, colours, pencil shapes to trace, glue.

Have fun in finishing this booklet all by yourself!
You can draw or even paste the pictures to complete this little book.

All
About Me

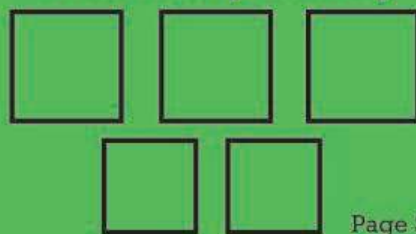
Page 1

This is me



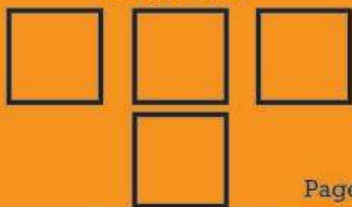
Page 2

This is my family



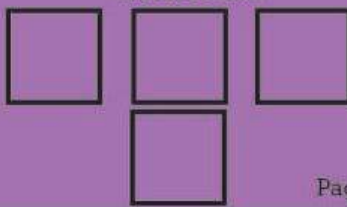
Page 3

My favourite
colours



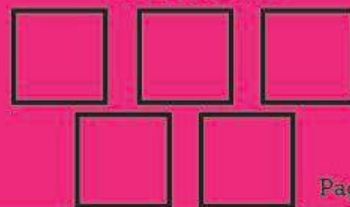
Page 4

My favourite
animals



Page 5

My favourite
cartoons



Page 6

I can trace
shapes

Page 7

I can draw

Page 8

I can ?

Page 9

EXPERIMENT

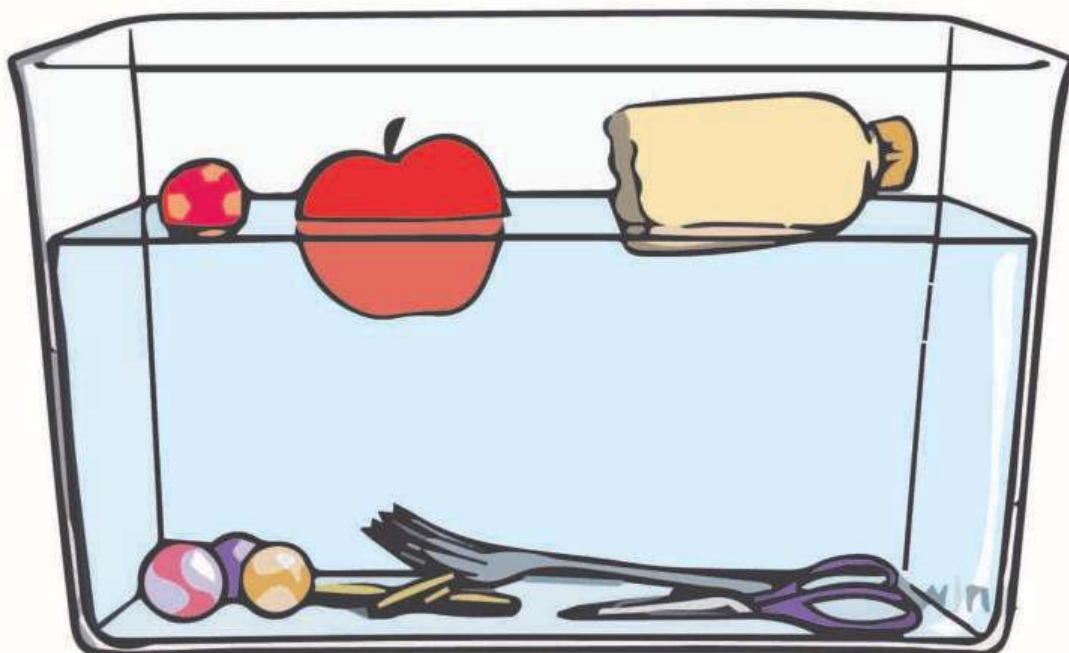
SINK OR FLOAT

Take water in a big container and put various things like apple, ball, fork, coins, marbles, scissors, plastic bottle etc.

What do you observe?

We see some objects float while others sink.

So children you can also try this at home with objects around you and observe which object floats and which sinks.



Funny faces

using magazine cutouts

From magazines or newspapers, collect cut outs of different body parts and arrange them on a paper to form a human figure.



Make as many as you want. You can even create a family of humans with all the cut outs.

Story *with* puppets

Make finger puppets of rabbit and tortoise.
Learn and enact the story.

Story Time- Rabbit and the tortoise.

This is a rabbit.

This is a tortoise.

They both are friends.

They play together, they
eat together and sleep
together.

One day they had a race,
rabbit ran faster...

But tortoise walked slowly
slowly slowly slowly
and won the race.



Bedtime stories

Stories have the ability to persuade and teach children in many ways. Parents may not realize how important bedtime stories can be for their kids.

Reading together is an important element to your child's success in learning and creativity. It also gives the joy of each others company for the parent and the child.

The benefits a child gets by incorporating the habit of reading bedtime stories are:

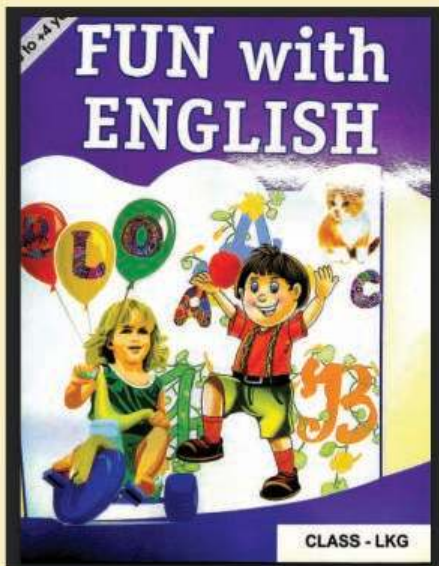
1. Bonding
2. Reading Preparedness
3. Comprehension and Logic
4. Communication



Any big change can not happen in a day. The day you see your child as a vivid reader, you will feel glad that you did it today.

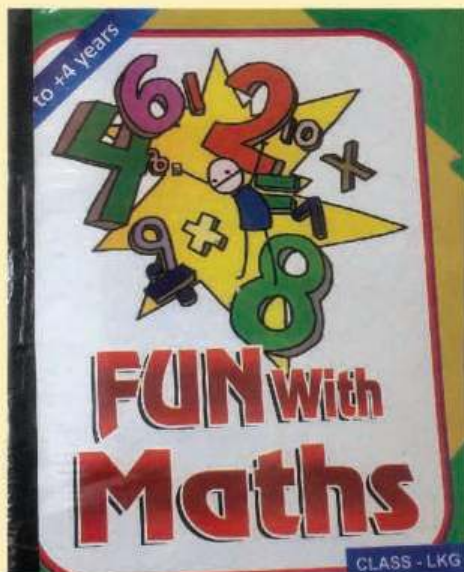
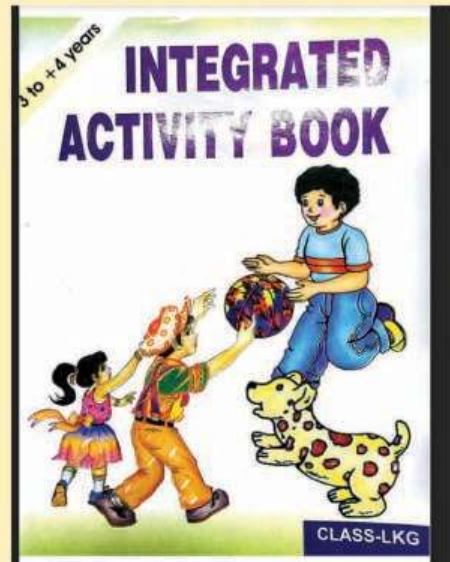
WORKBOOKS

We have done various basic concepts and pre writing skills till now. Let's revisit the concepts through various activities given in the workbooks.



MY ENGLISH BOOK
PAGES 1 - 8

INTEGRATED ACTIVITY BOOK
PAGES 1 - 19



FUN WITH MATHS
PAGES 1 - 20



ENJOY
KEEP LEARNING
STAY SAFE

