

## SALAD MAKING

“He who has health, has hope, and he who has wealth, has everything.”

To mark the beginning of the theme ‘FOOD’ and to familiarize our learners of Pre-Primary with the concept of nutrition and its benefits, an activity, ‘Subway Station’ (Fruit Salad Making Activity) was organized for them.

Through this activity, students were able to identify the names of fruits and gained a basic understanding of the nutrient value of fruits and their taste. Such activities go a long way in encouraging the children to eat healthy and nutritious food.

They relished the yummy salad with their classmates.

It was indeed a fruitful day for our little ones.









