## **CLASS-IV**

## TOPIC OF THE ASSEMBLY- CALMNESS OF MIND -THE BEST JEWEL OF WISDOM DATE-11.09. 18

The students of Class IV C presented assembly on the topic- Calmness of mind -the best jewel of wisdom. Calmness is the mental state of peace of mind free from agitation or excitement. Calmness of mind is one of the beautiful jewel of wisdom. It is the result of long and patient effort in self control. Calmness is a quality that can be cultivated and increased with practice. The students highlighted the importance of calmness through a short skit, poem and a melodious song.

